

RCYT CERTIFICATE PROGRAM – ACCELERATED

COURSE SCHEDULE – JUNE 2022

The course includes both self-paced and instructor-guided components.

Self-paced coursework includes prerecorded videos, downloadable lesson plans, and curriculum. We recommend that you begin self-paced coursework on the start date of the course.

Instructor-guided coursework includes live 1-hour weekly sessions between the start date and end date of the course, personalized feedback, interactive assignments, and a final project.

KEY DATES

- Start Date – **June 9**
- End Date – **August 3**
- Final Project Due Date – **August 17**
- Practicum Due – **November 17**

CHECK-IN SCHEDULE

Check-ins for this session are at **3:30–4:30pm Pacific | 6:30–7:30pm Eastern** on **Mondays***, **Tuesdays**, and **Wednesdays**. All weekly check-ins are recorded so if you are unable to attend live, you may watch the recording(s).

*The Monday, July 4th meet-up will be moved to **Friday, July 1 at 3:30pm PT | 6:30pm ET** due to the Independence Day holiday in the US.

- Teaching Children’s Yoga: Week 1 – **Monday, June 13**
- Teaching Teen’s Yoga: Week 1 – **Tuesday, June 14**
- Trauma-Informed Yoga for Youth: Week 1 – **Wednesday, June 15**
- Teaching Children’s Yoga: Week 2 – **Monday, June 20**
- Teaching Teen’s Yoga: Week 2 – **Tuesday, June 21**
- Trauma-Informed Yoga for Youth: Week 2 – **Wednesday, June 22**

- Teaching Children's Yoga: Week 3 – **Monday, June 27**
- Teaching Teen's Yoga: Week 3 – **Tuesday, June 28**
- Trauma-Informed Yoga for Youth: Week 3 – **Wednesday, June 29**
- Teaching Children's Yoga: Week 4 – **Friday, July 1***
- Teaching Teen's Yoga: Week 4 – **Tuesday, July 5**
- Trauma-Informed Yoga for Youth: Week 4 – **Wednesday, July 6**
- Teaching Children's Yoga: Week 5 – **Monday, July 11**
- Teaching Teen's Yoga: Week 5 – **Tuesday, July 12**
- Trauma-Informed Yoga for Youth: Week 5 – **Wednesday, July 13**
- Teaching Children's Yoga: Week 6 – **Monday, July 18**
- Teaching Teen's Yoga: Week 6 – **Tuesday, July 19**
- Trauma-Informed Yoga for Youth: Week 6 – **Wednesday, July 20**
- Teaching Children's Yoga: Week 7 – **Monday, July 25**
- Teaching Teen's Yoga: Week 7 – **Tuesday, July 26**
- Trauma-Informed Yoga for Youth: Week 7 – **Wednesday, July 27**
- Teaching Children's Yoga: Week 8 – **Monday, August 1**
- Teaching Teen's Yoga: Week 8 – **Tuesday, August 2**
- Trauma-Informed Yoga for Youth: Week 8 – **Wednesday, August 3**