

## RCYT CERTIFICATE PROGRAM – ACCELERATED

### COURSE SCHEDULE – JULY 2022

The course includes both self-paced and instructor-guided components.

**Self-paced** coursework includes prerecorded videos, downloadable lesson plans, and curriculum. We recommend that you begin self-paced coursework on the start date of the course.

**Instructor-guided** coursework includes live 1-hour weekly sessions between the start date and end date of the course, personalized feedback, interactive assignments, and a final project.

#### KEY DATES

- Start Date – **July 14**
- End Date – **September 7**
- Final Project Due Date – **September 21**
- Practicum Due – **November 20**

#### CHECK-IN SCHEDULE

Check-ins for this session are at **5:00–6:00pm Pacific | 8:00–9:00pm Eastern** on **Mondays, Tuesdays, and Wednesdays**. All weekly check-ins are recorded so if you are unable to attend live, you may watch the recording(s).

- Teaching Children’s Yoga: Week 1 – **Monday, July 18**
- Teaching Teen’s Yoga: Week 1 – **Tuesday, July 19**
- Trauma-Informed Yoga for Youth: Week 1 – **Wednesday, July 20**
- Teaching Children’s Yoga: Week 2 – **Monday, July 25**
- Teaching Teen’s Yoga: Week 2 – **Tuesday, July 26**
- Trauma-Informed Yoga for Youth: Week 2 – **Wednesday, July 27**

- Teaching Children's Yoga: Week 3 – **Monday, August 1**
- Teaching Teen's Yoga: Week 3 – **Tuesday, August 2**
- Trauma-Informed Yoga for Youth: Week 3 – **Wednesday, August 3**
- Teaching Children's Yoga: Week 4 – **Monday, August 8**
- Teaching Teen's Yoga: Week 4 – **Tuesday, J August 9**
- Trauma-Informed Yoga for Youth: Week 4 – **Wednesday, August 10**
- Teaching Children's Yoga: Week 5 – **Monday, August 15**
- Teaching Teen's Yoga: Week 5 – **Tuesday, August 16**
- Trauma-Informed Yoga for Youth: Week 5 – **Wednesday, August 17**
- Teaching Children's Yoga: Week 6 – **Monday, August 122**
- Teaching Teen's Yoga: Week 6 – **Tuesday, August 23**
- Trauma-Informed Yoga for Youth: Week 6 – **Wednesday, August 24**
- Teaching Children's Yoga: Week 7 – **Monday, August 29**
- Teaching Teen's Yoga: Week 7 – **Tuesday, August 30**
- Trauma-Informed Yoga for Youth: Week 7 – **Wednesday, August 31**
- Teaching Children's Yoga: Week 8 – **Monday, September 5**
- Teaching Teen's Yoga: Week 8 – **Tuesday, September 6**
- Trauma-Informed Yoga for Youth: Week 8 – **Wednesday, September 7**