

## RCYT CERTIFICATE PROGRAM – ACCELERATED

### COURSE SCHEDULE – APRIL 2022

The course includes both self-paced and instructor-guided components.

**Self-paced** coursework includes prerecorded videos, downloadable lesson plans, and curriculum. We recommend that you begin self-paced coursework on the start date of the course.

**Instructor-guided** coursework includes live 1-hour weekly sessions between the start date and end date of the course, personalized feedback, interactive assignments, and a final project.

#### KEY DATES

- Start Date – **April 14**
- End Date – **June 8**
- Final Project Due Date – **June 22**
- Practicum Due – **September 22**

#### CHECK-IN SCHEDULE

Check-ins for this session are at **3:30–4:30pm Pacific | 6:30–7:30pm Eastern** on **Mondays, Tuesdays, and Wednesdays**. All weekly check-ins are recorded so if you are unable to attend live, you may watch the recording(s).

- Teaching Children’s Yoga: Week 1 – **Monday, April 18**
- Teaching Teen’s Yoga: Week 1 – **Tuesday, April 19**
- Trauma-Informed Yoga for Youth: Week 1 – **Wednesday, April 20**
- Teaching Children’s Yoga: Week 2 – **Monday, April 25**
- Teaching Teen’s Yoga: Week 2 – **Tuesday, April 26**
- Trauma-Informed Yoga for Youth: Week 2 – **Wednesday, April 27**
- Teaching Children’s Yoga: Week 3 – **Monday, May 2**
- Teaching Teen’s Yoga: Week 3 – **Tuesday, May 3**
- Trauma-Informed Yoga for Youth: Week 3 – **Wednesday, May 4**

- Teaching Children's Yoga: Week 4 – **Monday, May 9**
- Teaching Teen's Yoga: Week 4 – **Tuesday, May 10**
- Trauma-Informed Yoga for Youth: Week 4 – **Wednesday, May 11**
- Teaching Children's Yoga: Week 5 – **Monday, May 16**
- Teaching Teen's Yoga: Week 5 – **Tuesday, May 17**
- Trauma-Informed Yoga for Youth: Week 5 – **Wednesday, May 18**
- Teaching Children's Yoga: Week 6 – **Monday, May 23**
- Teaching Teen's Yoga: Week 6 – **Tuesday, May 24**
- Trauma-Informed Yoga for Youth: Week 6 – **Wednesday, May 25**
- Teaching Children's Yoga: Week 7 – **Monday, May 30**
- Teaching Teen's Yoga: Week 7 – **Tuesday, May 31**
- Trauma-Informed Yoga for Youth: Week 7 – **Wednesday, June 1**
- Teaching Children's Yoga: Week 8 – **Monday, June 6**
- Teaching Teen's Yoga: Week 8 – **Tuesday, June 7**
- Trauma-Informed Yoga for Youth: Week 8 – **Wednesday, June 8**